

# Risk Assessment

Let someone else know where and for how long you will be TurtleWalking. Assess the risks before monitoring. Use your instincts - if you do not feel safe then abandon your TurtleWalk. Do not put yourself or others at risk. Adult supervision is required if children are involved.

Hazard	Risk	Control
Sun	Sunburn Eye Strain Dehydration Exposure	<ul style="list-style-type: none"> <li>• Wear hat with good cover</li> <li>• Use sunscreen (50+)</li> <li>• Wear sunglasses</li> <li>• Take a drink (water)</li> <li>• Wear proper clothing and footwear depending on the weather and environment</li> </ul>
Beware of holes, oysters, broken glass, etc.	Cuts & Twisted ankles Slips, Trips & Falls	<ul style="list-style-type: none"> <li>• Carry communication device (e.g. mobile phone)</li> <li>• Use common sense when walking to and from Lifeguard Towers</li> <li>• Wear proper footwear for conditions e.g diving booties, enclosed shoes.</li> <li>• Have a first aid kit on site or nearby and re-acquaint yourself with the treatment of marine stings, snake bites and spider bites</li> </ul>
Be aware of dangerous animals	Marine/aquatic stings Terrestrial animals Venomous bites	<ul style="list-style-type: none"> <li>• Carry communication device (e.g. mobile phone)</li> <li>• Wear appropriate PPE for activity (e.g. protective footwear)</li> <li>• Have a first aid kit on site or nearby and re-acquaint yourself with first aid protocols such as the treatment of stings, snake bites and spider bites</li> </ul>
Slippery surfaces, unstable substrate	Stranded/stuck Slips, trips and falls, Exhaustion	<ul style="list-style-type: none"> <li>• Carry communication device (e.g. mobile phone)</li> <li>• Wash feet and hands carefully upon return</li> <li>• Do not over exert yourself, move at your own pace</li> </ul>
Tide/Weather	Stranded/Struck	<ul style="list-style-type: none"> <li>• Carry communication device (e.g. mobile phone)</li> <li>• Check weather, time of day, avoid extremes</li> <li>• Ensure appropriate time is available for survey</li> <li>• Ensure suitable tides times</li> </ul>
General health	Preexisting conditions Unfit for participation	<ul style="list-style-type: none"> <li>• Ensure fitness prior to commencement of activities and notify coordinator of potential fitness limitations or preexisting conditions (heart condition, diabetes, etc.)</li> </ul>